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### Family Caregivers Unite! Archives Available

**October 29th 2013: What Family Caregivers Should Know about Post-Traumatic Stress Disorder**

Dr. Ruwan Jayatunge graduated from the Vinnitsa National Medical University Ukraine and joined the Ministry of Health, Government of Sri Lanka. He worked closely with Sri Lankan war veterans and civilians affected by the war. He talks about his life and experience of family caregiving and his work as a physician in Sri Lanka. He explains the history of post-traumatic stress disorder, the things that can trigger it, and its effects on individuals, families and communities. He discusses the ways post-traumatic stress disorder is treated, its effects on families and their needs for help. He highl

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### Featured Guest



#### Dr. Ruwan Jayatunge

Dr. Ruwan Jayatunge graduated from the Vinnitsa National Medical University Ukraine and joined the Ministry of Health, Government of Sri Lanka. He worked closely with Sri Lankan war veterans and civilians affected by the war. He studied in considerable depth the impact of combat-related post-traumatic stress disorder. He became one of the pioneers in the study of its psychosocial effects in Sri Lanka. He has written several books and published several research articles that recount war trauma in Sri Lanka. In 2006 he visited the United States where he delivered at the Washburn University Kansas and the Coatesville VA Medical Center in Pennsylvania several lectures on war trauma and post-trau

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