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**October 28th 2013:Safeguarding One's Recovery from
Addiction Through the Holidays with Guest Tim White**

While the holidays are known for family togetherness, joy and goodwill, they also can be a time of strained family dynamics, financial pressure, and stress. How does the recovering addict safeguard their recovery during this time? Today's guest will offer guidance and suggestions for making it through the holidays sober, clean, and abstinent by strengthening one's recovery through service to others and committing to a strong recovery program.

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Featured Guest



Tim White

Tim White is a Jacksonville, Florida businessman, philanthropist and Christian singer who found faith at the bottom of the bottle. Tim and his ministry devote their efforts to leading people to experience the healing power of God in their lives. His new inspirational country CD, The Long Road Home, and his first book, At the End of the Road: One Man's Journey from Chaos to Clarity, provide insight into his own storied history of substance use and recovery. Both can help those struggling to find their path from chaos to clarity.

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