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Quantum Business Insights with Olivia Parr-Rud Archives Available November 08th 2013: Overcoming Our Immunity to Change

According to Harvard professors and founders of Minds at Work, Robert Kegan & Lisa Lahey, human capability will be a decisive success factor for companies in coming years. Yet despite costly organizational efforts to build human capacity (e.g., personal-development programs, leadership trainings), these efforts seldom engender long-term change. After decades of research, they have determined that these efforts are ineffective because leaders often ask people to make changes that go beyond their current level of mental complexity. The solution is to understand change as more than just somethin

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Featured Guest

Guest Image

David Zeitler

David Zeitler, is founder and President of Zeitler Executive Dynamix, an executive coaching firm with a focus on sustainable leadership transformation. He also serves as Director of Coaching for Minds at Work, www.mindsatwork.com. David's powerful approach comes from his unique blend of knowledge and experience from multiple disciplines. He spent years studying mindfulness practices with a focus on mind-body integration, including mediation and martial arts. He integrates these somatic-cognitive-emotional practices with his knowledge from his undergraduate training in neuroscience. David has worked with executives in healthcare, education, government, ban

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