

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



Bread for the Journey Radio

Archives Available

November 23rd 2013: Special Encore Presentation: BEING A COMPASSIONATE COMPANION TO THE DYING: Frank Ostaseski

Caring for people who are dying can be an intimate and deeply alive experience. It is a journey of continuous discovery, requiring courage and flexibility. We learn to open, take risks, and forgive. Taken as a practice of awareness, it can reveal both our deep clinging and our capacity to embrace another person's suffering as our own. This week, Marianna interviews Frank Ostaseski, founder of the Zen Hospice Project and his current project, Metta Institute, which provides broad based education on mindful and compassionate end of life care. A visionary Buddhist teacher and healthcare consul

[Read more](#)



Tune in

Archives Available on VoiceAmerica Variety Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Featured Guest



Frank Ostaseski

Frank Ostaseski is a pioneer in contemplative end of life care. He cofounded the first Buddhist hospice in America, Zen Hospice Project, and created the Metta Institute, providing education on mindful and compassionate end of life care. He has been widely featured in the media, including Bill Moyers' On Our Own Terms, The Oprah Winfrey Show, and numerous print publications. He was honored by H.H. Dalai Lama for his years of compassionate service to the dying and their families. He is a welcome speaker in such venues as Harvard Medical School, Mayo Clinic and the National Hospice and Palliative Care Organization. Frank leads two multiyear training programs, the End of Life Practitione

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps

