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The Wellness Lounge – A Step Further Archives Available

December 09th 2013: Fit Mom, Curvy Mom Controversy

FIT MOM, CURVY MOM controversy in our community will be discussion topic at The Wellness Lounge, A Step Further 9 a.m. EST. Monday when host Desiree Watson welcomes guest Dr. Janice Pride-Boone, M.D., to the show. Most people believe that if you're overweight you're unhealthy, and now we actually have moms that are on opposite ends of this statement. The skinny mom says women should be healthy for their children and equate being healthy with less pounds, the curvy mom believes that you cannot tell how healthy someone is because they're skinny. Dr. Pride-Boone will set the record straight wit

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Featured Guest



Dr. Janice Pride-Boone

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