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Create Your Best Life Ever! What Else is Possible?

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December 27th 2013: Holistic Change & Practices to Support

How do we create our best lives ever? What if it doesn't seem like it's showing up? What practices & tools best support my changing holistically - in mind, body & spirit - ensuring that this change roots in my system for good? What does that typically look like? These questions and more are explored as Alison outlines this Energy Gateway time of cleansing & purging in order to bring in the new Era that we entered into last December 21st. Our world has changed over the past year; we can see signs of spiritualizing the mundane increasingly. This new Era of Humanity's Spiritual Awakening & The

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