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**American Heroes Network
Archives Available
December 31st 2013: Hope for the New Year:
Challenges, Progress, and Hope**

What mental health challenges lay ahead for American Warriors in 2014? What progress has been made this year to help American Warriors? How can we create more hope among Warriors and families? Dr. Mary Bartlett is a licensed professional counselor, and serves as an independent behavioral health consultant on resilience, risk reduction, and suicide prevention. With a doctorate in Counselor Education from Auburn University, her professional credentials include certification as a national counselor, a certified Alabama counseling supervisor, a certified family life educator, and a military

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