



**Wellness Interactive - A Step Further
New Shows Available**

**January 6th 2014: HOW TO NAVIGATE YOUR
PHYSICAL PRESENCE IN LIFE THROUGH
MOVEMENT**

**HOW TO NAVIGATE YOUR PHYSICAL
PRESENCE IN LIFE THROUGH MOVEMENT**

will be discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T.Monday when host Desiree Watson welcomes guest Sabatino Verlezza to the show. Sabatino is an accomplished dance soloist, award winning choreographer, teacher and Certified Pilates instructor. He soloed for nine years with the May O'Donnell Dance Company in New York City, choreographed works for prestigious dance companies and has taught dance at several Colleges and Universities. While his Verlezza Dance Company produces concerts nationally, Sabatino work

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Featured Guest



Sabatino Verlezza

Sabatino Verlezza, Artistic Director, Verlezza Dance. Kent State University, Guest Instructor (2007). He holds an M.F.A. (Dance) from the University of Michigan (1979), a B.A. (Dance) from the State University of New York at Brockport (1977) and an A.A. degree from Orange County Community College, NY, (1975).

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