

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



Choose Your Energy: Change Your Life! Archives Available

January 8th 2014: Declare Your Independence and Reclaim Your Power: Tools, Exercises and Techniques

According to my guest, JD Messinger, reclaiming our power requires a combination of mental, physical and spiritual techniques. Learning to create purpose and meaning involves recognizing and removing the blocks that prevent us from becoming all we were meant to be. JD will share techniques and tools he has perfected over his 12-year quest for answers. As a man of science, JD used his nuclear engineering and advanced math degrees to explain spiritual phenomena and develop the regimen that regenerated his damaged vertebrae. Weaving together metaphysics, numerology, hypnosis and past life regress

[Read more](#)



Tune in

Archives Available on VoiceAmerica Empowerment Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Featured Guest



JD Messinger

JD Messinger is the award winning author of the bestselling book 11 DAYS IN MAY: The Conversation That Will Change Your Life. He is a Distinguished Graduate of the United States Naval Academy

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Come see what VoiceAmerica's hosts are writing, on PressBlog!

