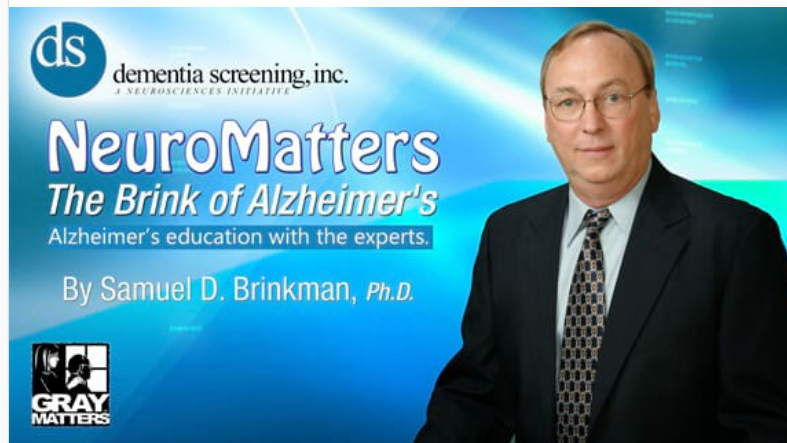


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### NeuroMatters: The Brink of Alzheimer's Archives Available

January 14th 2014: Caring for the Caregiver

This episode is about caregivers and coping with dementia. Discussion will include anticipating the possibility of dementia, experiencing mild cognitive changes not due to dementia, receiving a diagnosis of dementia in yourself or someone you love, managing symptoms of grief and depression, and effects of providing care on health of caregivers.

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### Featured Guest



#### Howard Gruetzner

Howard Gruetzner is the author of one of the well known books on Alzheimer's caregiving: Alzheimer's: A Caregiver's Guide and Sourcebook, John Wiley and Sons, New York. First published in 1988, the third edition of this popular book was published in August of 2001. It has been translated into German, Italian and most recently, Chinese. He has worked in the area of Clinical Gerontology for over 33 years with special interests in Alzheimer's Disease and related dementias, identifying early brain impairment and adaptation to impairment (MCI), caregiving and coping, geriatric depression, psychological trauma and complicated forms of bereavement. In March 2003 he became the Director of the fir

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