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Access Consciousness Presents Beyond Saying Thank You Archives Available January 21st 2014: You, Or the Antithesis of You?

How often do you twist yourself into someone you are not in order to fit in? Do you try to please others by agreeing with them when you actually don't? Do you acknowledge who you are, or do you pretend otherwise? Do you limit yourself by insisting on the pretense that the pretense is real? What could your life be like if you were to drop all of that, and acknowledge you? And, how would you go about that? Join us as we talk about this ... and so much more!

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