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The Wellness Lounge – A Step Further Archives Available

January 27th 2014: How one person can take success and empowerment A Step Further

How one person can take success and empowerment "A Step Further" will be discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T. Monday when host Desiree Watson welcomes guest Regina Taylor to the show. Actress, Director, Philanthropist, Regina Taylor is an American playwright as well. With an impressive body of work that encompasses film, television, theater and writing, Regina Taylor's career continues to evolve with exciting and challenging projects. Taylor is best known to television audiences for her role as Lilly Harper in the series "I'll Fly Away." She received m

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Featured Guest

Guest Image

Regina Taylor

With an impressive body of work that encompasses film, television, theater and writing, Regina Taylor's career continues to evolve with exciting and challenging projects. Taylor is best known to television audiences for her role as Lilly Harper in the series "I'll Fly Away." She received many accolades for her performance in the show including winning a Golden Globe for Best Performance by an Actress in a TV Series, an NAACP Image Award for Outstanding Lead Actress in a Drama Series and two Emmy Award nominations for Outstanding Lead Actress in a Drama Series. Taylor was most recently seen starring in the CBS hit drama "The Unit". She took home the NAACP Image Award for "Outstanding Actress

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