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The Kathryn Zox Show
Wednesday at 7 AM Pacific
February 19th 2014: Top Dog and Family Whispering

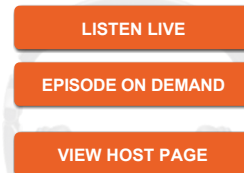
Kathryn interviews New York Times bestselling author Ashley Merryman on her book "Top Dog: The Science of Winning and Losing". The joy of victory and the character-building agony of defeat - testosterone and the neuroscience of mistakes - Olympians carry Top Dog in their gym bags and it are in the briefcases of Wall Street traders and Madison Avenue madmen. Merryman's work is featured in The New York Times, The Washington Post, Newsweek, and Time. Kathryn also interviews award-winning journalist Melinda Blau, author of "Family Whispering: The Baby Whisperer's Commonsense Strategies for Comm

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