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February 27th 2014:Chiropractic Care for Pregnancy and Children

Join Jayne Dabu as she interviews Dr. Lou and Tiffany Fernandez about Chiropractic Care for Pregnant women and children. They specialize in this area of Chiropractic using the Webster technique. They are both members of the International Chiropractic Pediatric Association www.icpa4kids.com & Virginia Chiropractic Association <http://www.virginiachiropractic.org>. The chiropractic technique Dr. Lou and Dr. Tiffany specialize in helps to correct sacral misalignment, balance pelvic muscles and ligaments which in turn remove torsion to the woman's uterus, its resulting constraint to the baby, an

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Featured Guests



Dr. Louis Fernandez

Dr. Louis Fernandez is originally from the NYC area. After obtaining his BS in Biology in a pre-chiropractic program at Bloomfield College, he completed his doctorate at New York Chiropractic College in 2000. Dr. Lou was first introduced to the power of chiropractic care when his mother sustained a serious injury. She suffered for a long time under traditional medical care until discovering chiropractic. As he watched her quickly regain her health, he knew he wanted to be a part of such a wonderful profession. Through chiropractic care, Dr. Lou has personally experienced dramatic health changes and loves to share this passion with others so they might experience the same life changing b

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Dr. Tiffany (Jeffries) Fernandez

Dr. Tiffany (Jeffries) Fernandez is a Virginia Beach native and Norfolk Collegiate graduate, 1992. She obtained her BS in Psychology from Mary Washington College, and later went on to complete her doctorate at New York Chiropractic College in 2002. Dr. Tiffany loves to see the power of chiropractic care at work in all her patients and has a special place in her heart for expecting mothers. She is certified in Webster technique. This chiropractic technique helps to correct sacral misalignment, balance pelvic muscles and ligaments which in turn remove torsion to the woman's uterus, its resulting constraint to the baby, and allows the baby to get into the best possible position for birth.

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