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March 03rd 2014: Kick the Caffeine Habit and A FREE Giveaway

With the help of Caroline MacDougall founder and creator of America's #1 herbal coffee alternative Teeccino, Kellie will help you understand why caffeine is such a dangerous drug. Learn how to kick the caffeine habit painlessly, without unpleasant symptoms while helping to alkalize your body. Plus, enter to be one of 10 lucky listeners to receive a free VIP sampler pack of healthy drinks options from Teeccino at www.therightnutritionplan.com

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Featured Guest

Guest Image

Teeccino

Teeccino is America's #1 Coffee Alternative that comes in 18 flavors that are all caffeine and gluten-free. It was founded in 1994 by Caroline MacDougall. With over 30 years in the herb tea industry, Caroline has formulated a wide variety of herb-based beverages for numerous industry manufacturers. She began her career as a Vice President of Celestial Seasonings in the 1970's and over the next 15 years developed herbal teas and products for Yogi Tea Company, Nature's Herbs, and a variety of other tea companies. In the fall of 1993, Caroline was busy developing herbal teas for the new Republic of Tea line. One morning she awoke to hear herself say, "the next product I'm going to create is a c

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