



**Family Caregivers Unite!**  
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**March 11th 2014: Parish Caring for Communities**

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Karen Li has been St. Peter's Parish Nurse since January 1, 2011, <http://www.stpeterscobourg.org/>. Pat Weller's major activity for the past 20 years has been establishing and helping to run NeighbourLink Northumberland, <http://www.neighbourlinknorthumberland.ca/>. They talk about their lives, experience in caring, and their work in parish caring for communities. They discuss the types of challenges experienced by families, children and adolescents, adults and aging adults whom parish caring cares for. They explain how parish caring in communities helps such people in overcoming the challenges.

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**Featured Guests**



**Karen Li**

Karen Li has been St. Peter's Parish Nurse since January 1, 2011, <http://www.stpeterscobourg.org/>. She became a Registered Nurse in 1974 after graduating from Lima Technical College, Lima, Ohio with her Associate Degree in Nursing. She moved to Toronto when she married the Rev. Michael Li in 1978. She has worked in several hospitals in both the USA and Canada, in Intensive Care, Emergency and Medical-Surgery. In 2007, she and Michael moved to Cobourg after serving four parishes in southern Ontario and Newfoundland. In November 2013, she completed her three-year course in Parish Nursing through the InterChurch Health Ministries Canada. She is enjoy

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**Pat Weller**

Pat Weller's major activity for the past 20 years has been establishing and helping to run NeighbourLink Northumberland, <http://www.neighbourlinknorthumberland.ca/>, whereby 15 local churches of 11 different denominations work together to handle requests for assistance of many types and from many kinds of people. Her awards include the Ontario Medal of Citizenship, Rotary's Paul Harris Award, and the Town of Cobourg Volunteer of the Year. She started a Milk & Meat program for Food Banks to encourage more protein to be included in hand-out packages for persons in need of a healthy meal. She helps young children with their reading, or by r

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