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## The Tantric Lounge: Sex, Science, and Spirituality

### Archives Available

March 13th 2014: Riding the Tantric Wave

Tantra is all about developing spiritually, moving towards transcendence, a state of bliss. As you advance in sexual Tantra love-making feels like a wave of bliss. It feels like your surfing through the waves of bliss. It's very different to the standard of bigger-harder-faster sex of the West. In this episode we're going to be looking at what it takes to be able to do this. How do you discipline your body, mind and emotions to be able to become so unattached to outcome that you have such an outcome?! It's a paradox - the doing of not doing, the feeling of not feeling. Yep, this week folks we'

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