



Family Caregivers Unite!
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March 24th 2014: Heroes of Family Caregiving

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'Heroes of Family Caregiving' celebrates the value of family caregiving by recognizing the work of family caregivers and by giving voice to their stories. And by family caregivers' recognizing the work of healthcare professionals. Poonam Virdi has taken complete family caregiving responsibility for her father, who lives with Alzheimer's disease and Parkinson's disease, since November 2012. Valerie Speiran was nominated by family caregivers for her outstanding work as a care coordinator at the Mississauga Halton Community Care Access Centre, <http://healthcareathome.ca/mh/en>. Val describes her w

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Guest Image

Poonam Virdi

Poonam Virdi has taken complete family caregiving responsibility for her father since November 2012. During this time his anxiety and dementia symptoms have worsened, and he's experienced other health challenges. Throughout she's assisted him with all physical tasks including bathing, changing and feeding. She's been a pillar of strength for him, despite her own health concerns. She supports him with the most sincere dedication and wants always to do that for him.

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Guest Image

Valerie Speiran

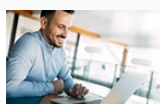
Valerie Speiran was nominated by family caregivers for her outstanding work as a care coordinator at the Mississauga Halton Community Care Access Centre.

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