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April 1st 2014: Buddhist Psychotherapy and Post Traumatic Disorder

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Thubten Tengye has been a practicing Buddhist for nearly 10 years. He has a strong interest in Buddhist philosophy and meditation practice. He is particularly interested in the parallels between Buddhist and Western philosophy. Ruwan Jayatunge graduated as a physician from the Vinnitsa National Medical University Ukraine and joined the Ministry of Health, Government of Sri Lanka. He worked closely with Sri Lankan war veterans and civilians affected by the war. They each talk about their careers and the role of Buddhism in their lives. They explain the key principles of Buddhism, psychotherapy,

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Featured Guests

Guest Image

Thubten Tengye

Thubten Tengye has been a practicing Buddhist for nearly 10 years. He follows the Gelug-pa tradition of Tibetan Buddhism, the lineage headed by His Holiness, the 14th Dalai Lama of Tibet.

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Dr. Ruwan Jayatunge

Dr. Ruwan Jayatunge graduated from the Vinnitsa National Medical University Ukraine and joined the Ministry of Health, Government of Sri Lanka. He worked closely with Sri Lankan war veterans and civilians affected by the war. He studied in considerable depth the impact of combat-related post-traumatic stress disorder. He became one of the pioneers in the study of its psychosocial effects in Sri Lanka. He has written several books and published several research articles that recount war trauma in Sri Lanka. In 2006 he visited the United States where he delivered at the Washburn University Kansas and the Coatesville VA Medical Center in Pennsylvania several lectures on war trauma and post-trau

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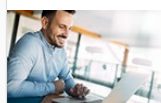
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