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March 29th 2014: **The Art of Empathy: An Interview with
Karla McLaren**

What if there were a single skill that could directly and radically improve your relationships and your life? Karla McLaren believes that skill is empathy, and she knows it is a skill we can develop and manage. Karla writes: Empathy is everywhere: it's in the air you breathe and the ground you walk on; it makes relationships, communities, and societies work. And yet, empathy can also be something of a mystery. Because empathy is such a central part of everything you do, you can overlook it and almost ignore the processes that make empathy work (or stop working.) Certainly at our non-prof

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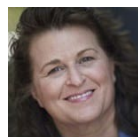
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Featured Guest



Karla McLaren

Karla McLaren is an award-winning author, social science researcher, and pioneering educator whose empathic approach to emotions revalues even the most "negative" emotions, and opens startling new pathways into the depths of the soul.

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