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April 21st 2014: The Vegetarian Myth

Lierre Keith believed in a plant-based diet and spent twenty years as a vegan. But in her book, *The Vegetarian Myth*, she argues that we've been led astray—not by our longings for a just and sustainable world, but by our ignorances. She explains to Kellie that the truth is agriculture is a relentless assault against the planet, and more of the same won't save us. In service to annual grains, humans have devastated prairies and forests, driven countless species extinct and endangered other species, altered the climate through global warming, and destroyed the topsoil—the basis of life itself.

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