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The Self Improvement Show Archives Available April 24th 2014: Mindfulness Meditation

Christopher Dines will share with us his remarkable journey from his early years as a House DJ when he aliased as Chris Lopez and Splash to a new existence as a life coach and inspirational author. As a DJ he traveled the world sharing music. Now he coaches and travels the world speaking on inspirational concepts, spiritual awareness, wisdom and the rich information you need to create a happy life. Christopher comes with a great sense of humor and insight that only come from life experience. He will give us some inside information about his newly released book, Manifest Your Bliss: A Spiritual

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Featured Guest



Christopher Dines

Christopher Dines is an English life coach, author and former House DJ. Christopher's music alias was Chris Lopez and Splash.

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