



Family Caregivers Unite!

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April 29th 2014: Sharing The Burden in Jails and Detention Centres

Scott and Julia Duncan founded the Fellowship, 'Sharing The Burden', <http://www.sharingtheburden.ca/>, which operates a 12-step program for all members of troubled families. Brent Haldane decided to volunteer in the prison system, inspired by his Aunt Lois, a Christian missionary in Ethiopia. Scott and Brent talk about their lives and work. They explain the main problems for which Sharing the Burden brings help, how the help and hope are provided, and the main problems for which help is available to prisoners and detainees, and how the help and hope are provided. They say how they would I

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Scott and Julia Duncan

Scott and Julia Duncan founded 'Sharing The Burden', <http://www.sharingtheburden.ca/>, which operates a 12-step program for all members of troubled families. Their own experience taught them that, even when only one family member exhibits symptoms, everyone is affected and needs support. On June 8, 2012, they lost their son, Sean, to an overdose of fentanyl, a pain-relieving medication related to morphine but much more powerful. Sean, with his 20-year history of addiction and Scott, his father, both participated in 12-step recovery for almost all the 20 years. Scott and Julia recognized that without the 12-step recovery they would not have achieved

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Brent Haldane

Brent Haldane writes "One of my earliest memories is of my Aunt Lois, a Christian missionary in Ethiopia. She'd zip back to Canada every 5 years for a brief visit laden with exotic gifts. I remember an African shirt she gave me that I proudly wore until it fell off my back. Lois was a guardian angel who swirled in and out of my life during a very formative time of my development. Her presence was powerful and her inspiring goal was, and still is, to help others. When a chance to volunteer in the prison system came up I thought it would be a great way to give back. The light you see on many of these forgotten faces makes one realize how each of us needs love and support."

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