



### **Illuminating Now! Linzi's Life Secrets.**

#### **Archives Available**

**April 30th 2014: Relationships can be saved. It is easier than you think.**

In the next hour, Specialist, and MFT Therapist, Louis (Louie) Bernstein will explain some of the moving pieces in relationship, some of the belief systems that have us stuck, and he will also enlighten us on specific actions and behaviors that can allow us to make choices that support what we really want; he will offer clarity as to ways to allow relationship its' fair chance to survive. He uses the most practical and updated Psychological Orientations and Couples Theories to navigate couples to joy and fulfillment. He is writing a book called "How to Grow Your Great Relationship," which w

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### **Featured Guest**



#### **Louie Bernstein**

Louie Bernstein is a licensed Marriage and Family Therapist with a private practice in the San Francisco Bay Area specializing in Couples and Relationship Counseling. Using an integrative and holistic approach, he draws from the best of the relationship and psychological philosophies, including: Object-Relations theory, Harville Hendrix' Imago Therapy and Dr. John Gottman's Couples research in assisting individuals and couples in creating healthy, supportive and fulfilling relationships. Personally inspired by the miracle and perfection of nature's hand in guiding the growth of a living system such as an abundant fruit tree, Louie has developed a unique approach to show couples how to "gr

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