



**Wellness Interactive - A Step Further
New Shows Available
May 12th 2014: Sometimes You're and Tortoise
and Other Times You Get to be a Hare**

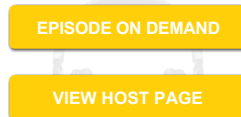
Sometimes You're and Tortoise and Other Times You Get to be a Hare - will be our discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T. Monday when host Desiree Watson welcomes guest Arlyce Anderson to the show. Arlyce is a Certified Life Coach, motivational speaker, trainer and Instructional Designer. Arlyce believes that; This is really about accepting the ebb and flow of life as a woman while creating a space for career optimization. Corporations are starting to open up to much more creative work days, work weeks and even work years. Some are creating career re-entry path

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Featured Guest



Arlyce Anderson

Arlyce is a Certified Life Coach, motivational speaker, trainer and Instructional Designer. She worked in corporations in finance and accounting for 20+ years before taking a career break to care for her two children.

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