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EMPOWERMENT

VOICEAMERICA



BEING HERE

with
**Ariel and
Shya Kane**



Being Here

Wednesday at 9 AM Pacific

June 18th 2014: Permission to Be "Unimportant"

Do you feel like you have a whole host of important tasks on your plate? Are there important things to do, important ways to be, important people in your life that you need to take care of? Has it ever occurred to you that unplugging, unwinding, allowing yourself to have some "unimportant" time may be key to your well being? Tune in to this "Unimportant" episode with Ariel & Shya and allow yourself the luxury of simply Being Here – no strings attached.



Tune in

Wednesday at 9 AM Pacific Time on
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