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The Kathryn Zox Show
Wednesday at 7 AM Pacific
June 04th 2014: Creative Kitchens & Millennial's Future

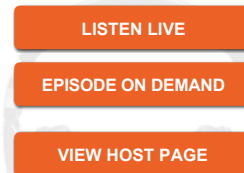
Kathryn interviews Kate Payne, author of "The Hip Girls' Guide to the Kitchen". Revealing both the health and environmental benefits of cooking with fresh whole ingredients, Payne challenges readers to ditch the take-out menus, providing advice on basic cooking methods and more advanced techniques. Kate's advice has been featured in The New York Post and USA Today and is a frequent contributor to AOL's Kitchen Daily. Kathryn also interviews former White House correspondent Pete Seat, author of "The War on Millennials: Airing Grievances & Offering Solutions Through the Eyes of America's Next

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