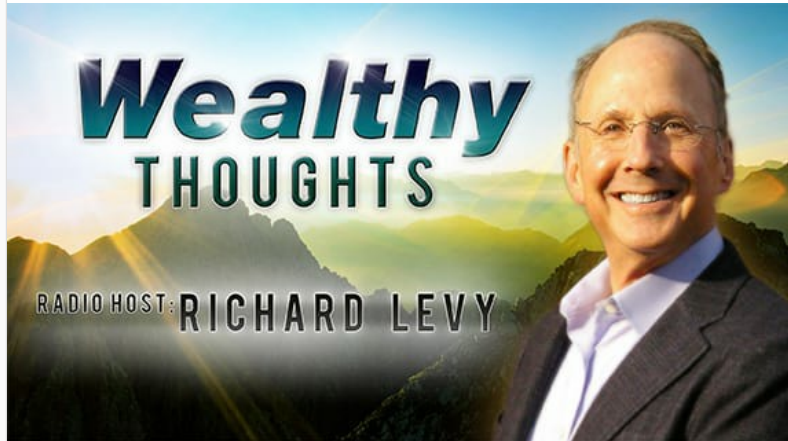


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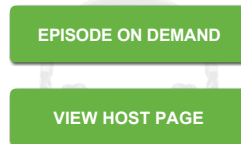
June 30th 2014: Why Good Things Happen to Good People

People who are giving during their high school years have better physical and mental health throughout their lives. Older people who give live longer than those who don't. Helping others has been shown to bring health benefits to those with chronic illness, including HIV, multiple sclerosis, and heart problems. And studies show that people of all ages who help others on a regular basis, even in small ways, feel happiest. Dr. Stephen Post discusses his book: "Why Good Things Happen to Good People" with Richard Levy, host of Wealthy Thoughts.



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