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A NEUROSCIENCES INITIATIVE

NeuroMatters

The Brink of Alzheimer's

Alzheimer's education with the experts.

By Samuel D. Brinkman, Ph.D.

GRAY MATTERS

NeuroMatters: The Brink of Alzheimer's Archives Available

July 01st 2014: Sundowner's Syndrome

It has been widely observed that many patients with dementia have a noticeable worsening of symptoms later in the day. These changes may be seen as increased confusion, sleeplessness, agitation, fearfulness, and paranoid thinking. This has been called "sundowning" or "sundowner's syndrome." Dr. Brinkman discusses some of the factors that lead that lead to this pattern and factors to consider in managing the challenges that arise.



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