

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



### Eat Well to Live Well

#### Archives Available

**July 14th 2014: Labeling Lies - How the Food Industry Undermines Our Health**

Reading food labels can be tricky - made even more difficult by the misinformation provided by manufacturers. But, reading and understanding nutritional information and labels makes a world of difference when it comes to your health. Just because a product says "zero trans fat" on the front of the package doesn't mean it actually has zero trans fat. These types of deceptive practices will be explained with the help of Michele Simon, public health lawyer specializing in legal strategies to counter corporate tactics that harm the public's health and author of Appetite for Profit: How the Food

[Read more](#)



### Tune in

Archives Available on VoiceAmerica Health and Wellness Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

### Featured Guest



#### Michele Simon

Michele is a public health lawyer specializing in legal strategies to counter corporate tactics that harm the public's health. She has been researching and writing about the food industry and food politics since 1996. Her groundbreaking 2007 report on alcoholic energy drinks led to federal action to ban the dangerous products. Her first book, Appetite for Profit: How the Food Industry Undermines Our Health and How to Fight Back, was published by Nation Books in 2006. She lectures internationally on corporate tactics and policy solutions. She has a master's degree in public health from Yale University and received her law degree from the University of California, Hastings College of the La

[Read more](#)

### Share This Episode



### Connect with VoiceAmerica

Download our mobile apps

