

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a VoiceAmerica Member for Free!



## Beyond Abuse, Beyond Therapy, Beyond Anything

**Tuesday at 10 AM Pacific**

**July 15th 2014: What if your "crazy" was a superpower?**

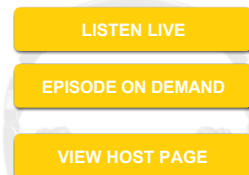
with Special Guest Susanna Mittermaier, Best-Selling Author of "Pragmatic Psychology: Practical Tools for being Crazy Happy" and Licensed Clinical Psychologist Anxiety, depression, bi-polar, ADD, OCD... Many people with a history of abuse also struggle with some form of mental illness. The pain and trauma of abuse, if left untended, can become the grounds for these other issues. Yet these labels can create another kind of cage that locks you into a belief that something is wrong with you. What if the version of crazy that you're struggling with is actually a superpower... an untapped c

[Read more](#)



### Tune in

Tuesday at 10 AM Pacific Time on  
VoiceAmerica Empowerment  
Channel | Call in live: 1-888-346-9141



Questions? Comments?  
Call In Live!  
Toll Free: 1-888-346-9141  
Int: 001-480-553-5760

### Share This Episode



### Connect with VoiceAmerica

Download our mobile apps

