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Beyond Abuse, Beyond Therapy, Beyond Anything

Tuesday at 10 AM Pacific

July 15th 2014: What if your "crazy" was a superpower?

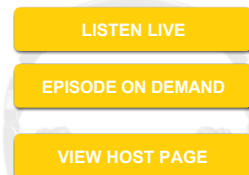
with Special Guest Susanna Mittermaier, Best-Selling Author of "Pragmatic Psychology: Practical Tools for being Crazy Happy" and Licensed Clinical Psychologist Anxiety, depression, bi-polar, ADD, OCD... Many people with a history of abuse also struggle with some form of mental illness. The pain and trauma of abuse, if left untended, can become the grounds for these other issues. Yet these labels can create another kind of cage that locks you into a belief that something is wrong with you. What if the version of crazy that you're struggling with is actually a superpower... an untapped c

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