

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!

[Beyond Abuse, Beyond Therapy, Beyond Anything](#)

Beyond Abuse, Beyond Therapy, Beyond Anything Archives Available

July 15th 2014: What if your "crazy" was a superpower?

with Special Guest Susanna Mittermaier, Best-Selling Author of "Pragmatic Psychology: Practical Tools for being Crazy Happy" and Licensed Clinical Psychologist Anxiety, depression, bi-polar, ADD, OCD... Many people with a history of abuse also struggle with some form of mental illness. The pain and trauma of abuse, if left untended, can become the grounds for these other issues. Yet these labels can create another kind of cage that locks you into a belief that something is wrong with you. What if the version of crazy that you're struggling with is actually a superpower... an untapped c

[Read more](#)



SHARE



DOWNLOAD PDF



GET CODE

Tune in

Archives Available on VoiceAmerica Empowerment Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Share This Episode



Share On Facebook



Share On Twitter



Share On LinkedIn

Connect with VoiceAmerica

Download our mobile apps

[App store](#)

[Google play](#)

[GPlus](#)

[presspass-banner](#)