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July 24th 2014:Emotional Freedom Technique (EFT)

Join me as I welcome Catherine Ewing, founder of Reawaken Your Dreamer and Emotional Freedom Technique Practitioner as she shares with us her passion to help clients release old beliefs, behaviors and emotions.



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Featured Guest



Catherine Ewing

Catherine Ewing, founder of Reawaken Your Dreamer, is a Spiritual Life Coach, Emotional Freedom Technique Practitioner, Ordained Minister, Dream Coach, psychotherapist, and energy healing practitioner. Co-author of Incredible Life, she offers workshops and retreats related to healing at the energetic level, spiritual awakening and women's transformation. Catherine's passion is to help clients release old beliefs, behaviors and emotions so that they can reconnect to, and remember, their spiritual nature, supporting them to step out of their story and into lives of authenticity, passion and purpose. Catherine has a background in the areas of sexual assault, domestic violence, child abuse and n

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