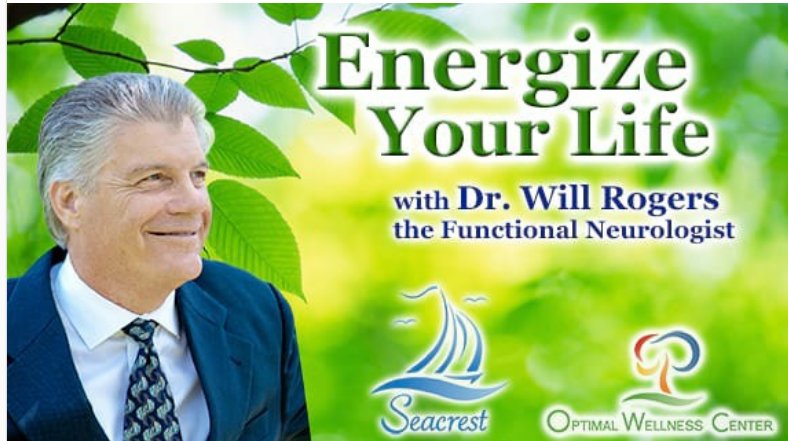


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Energize Your Life Archives Available July 17th 2014: Nutrition

Dr. Rogers talks about nutrition with his co-host Dr. Don Baune, Dr. Lucy Rojo a naturopath, and Kelly van Hill a registered credentialed nutritionist. He discusses everything from the basic diet, vitamins, minerals, special needs situation, but mostly how to stay health and have energy to do the things you enjoy.

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Featured Guests



Dr. Don Baune

Dr. Don Baune is a board certified functional neurologist and a licensed Chiropractor for over 30 years. He is certified in biofeedback and is a national speaker regarding brain health

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Dr. Lucy Rojo

Dr. Lucy Rojo will approach your health condition uniquely and individually. Dr. Rojo believes that illness does not arise randomly in the body. Every chronic illness or disease stems from more fundamental underlying causes. When these underlying sources are addressed and treated, the body is better equipped to help heal itself from within. However, when more in depth action is required, naturopathic methods can blend cohesively with conventional therapies to manage health.

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Guest Image

Kelly van Hill

Kelly is a licensed registered and credentialed nutritionist. She practices what she preaches and lives a very healthy lifestyle in So. California.

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