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Beyond Abuse, Beyond Therapy, Beyond Anything Archives Available

August 26th 2014: Last Show! From Deadness to Radical Aliveness

The cage of abuse has you walking through life half-dead. All the vitality that is you gets locked up in unexpressed rage and sadness. All the magic that is you gets shut down by shame. All the wisdom of your body gets killed off by fear. You try to control your world to feel safe. You go through the motions: in your relationship to yourself, your body, your partner, your work, your bank account. You are dissatisfied and desperate for more. Yet you feel trapped in all the deadness. What if there was a way to get rid of the deadness and tap into radical aliveness? And what if on

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