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## Family Caregivers Unite!

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**September 1st 2014: Spirituality in Caring for Mental Illnesses, Addictions and High Risk Behaviours**

Scott and Julia Duncan founded 'Sharing The Burden', <http://www.sharingtheburdenradio.org/>, which operates a 12-step program for all members of troubled families. Their own experience taught them that, even when only one family member exhibits symptoms, everyone is affected and needs support. Scott tells his own story of spirituality and addictions, and describes his work with and vision for SharingTheBurden. He explains the help that spirituality provides for mental illnesses, addictions, and the high-risk behaviors that get people into detention centres. He describes the ways SharingTheBurden

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## Featured Guest



### Scott and Julia Duncan

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