

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a VoiceAmerica Member for Free!



The Self Improvement Show Archives Available September 04th 2014: Contagious Optimism

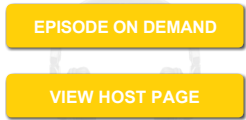
The fast pace of our lives can seem like an infinite loop. For many, this includes the constant barrage of emails, a 24/7 workplace, busy families, the challenges of uncertainty, and life's trials and tribulations. All of this can make it easy for someone to get sucked into a "poor me" cycle. Instead of dwelling on the negative, David Mezzapelle recommends tuning your mind to "Positive Forward Thinking"—the ability to find the silver lining in every cloud no matter how difficult yesterday or today may be. Mezzapelle believes that we all have stories that can inspire and motivate others across

[Read more](#)



Tune in

Archives Available on VoiceAmerica
Empowerment Channel



Featured Guest



David Mezzapelle

David Mezzapelle is the founder of the Contagious Optimism brand and author of the bestselling book series, Contagious Optimism. He was the founder of Goliath Technology, a data center infrastructure company that supported enterprises worldwide and he orchestrated an innovative internship program which has become a staple for organizations today. Goliath was sold in 2007 and he began GoliathJobs, a marketing and consulting organization for academic employment. He launched a niche portal for baby boomers and retirees, "JobsOver50," which has become the number one employment resource in North America for the age 50+ demographic. In 2009, his company formed a joint venture with SilverCensus and

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps

