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Family Caregivers Unite! Archives Available September 8th 2014: Healthy Eating for Family Caregivers

Kellie Hill is a Nutritional Therapy Practitioner and owner of The Right Plan, <http://therightnutritionplan.com/>, in Medford, Oregon. She talks about her life, career, and experience with family caregiving. She describes her business and says why she created it. She explains nutritional therapy and how nutritional therapists provide their services and how they devise diets to reduce risks of complications in conditions such as diabetes and high cholesterol. She explains ways in which nutritional therapists can devise healthy eating for family caregivers to help them combat physical exhaustion

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Featured Guest



Kellie Hill

Bestselling Author and television personality, Kellie Hill is a Nutritional Therapy Practitioner, the founder of The Right Plan, and former International Radio Talk Show Host of Eat Well to Live Well with Kellie Hill.

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