



I Took the High Road
Friday at 7 AM Pacific
September 12th 2014: Drug Prevention and Awareness, People Making a Difference

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Friday at 7 AM Pacific Time on
VoiceAmerica Health and Wellness
Channel

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In this episode I will be talking with some of the people who are in the fight against prescription pill and opiate use in the communities they live in. The founders of StopHeroinWI, the CJ Lomas Foundation and Rise Together will join me to discuss how heroin has affected them, and what they decided to do about it. These are their story's of how they started out, the struggles they went through, and where they plan on going with their organizations in the future. As the heroin problem continues to get worse in this country, they are on the front line making a difference.

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Featured Guests

Patti Lomas

On March 18, 2012, Patti Lomas's life changed forever. She lost her son to a heroin overdose after a long and difficult battle with addiction. Patti decided to remember her son by forming the CJ Lomas Recovery Foundation with her husband Charlie and their son Christopher. The foundation is a 501(c) (3) non-profit organization working to help others fight their struggle with drug addiction. Their HOPE is to continue lending financial support to individuals in recovery who otherwise would not have the financial resources to attend a comprehensive treatment program. Along with her husband, they also formed a Family and Friends Support Group. For further information, please visit www.cjlomas

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Linda Lenz

Linda Lenz, is Founder and President of Stop Heroin Now, Inc. a non profit and StopHeroinWI on Facebook with the biggest following for an anti heroin page in the Midwest. Linda and her husband Rick lost their 23 year old son to a heroin overdose. Stop Heroin Now, Inc. was founded out of a desperate need to raise awareness for the narcotic pill use among young people that is now leading to the "new heroin addict." These are young people in their early twenties who have already become opiate addicts from use of prescription pills (synthetic heroin.) Stop Heroin Now's mission is to secure corporate sponsorship in order to raise funds to save our kids by using educational tools for prevention

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Anthony Alvarado

Anthony Alvarado, one of the Co-Founders of RISE TOGETHER, has been on the path to recovery for the past several years. Throughout his life experiences he has developed a great amount of passion for helping to change the community he lives in; Appleton, WI. At only 30 years old he has already embarked on many different struggles and successes. He has been able to break the cycle of addiction in his family so that he may lead a healthy life for himself and his beloved children. Today, he stands strong behind his company's mission. RISE TOGETHER is a movement that is advocating that recovery is possible. No matter where you come from or what you have been through recovery is possible. Antho

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Douglas Darby

Douglas Darby, the other Co-Founder of RISE TOGETHER, knows what it is like to go from nothing to something. Since he has been released from prison, Darby has been working day-in and day-out to pay back his community in a way that will make a positive change in those who need it most; our youth. Within the past year Darby has taking his speaking skills to the street where he advocates for change. He is a man of action. He stands up for what he believes in and makes a difference when most wouldn't have the nerve to do so. As the Chief Development Officer at RISE TOGETHER, he oversees all creative development projects within his organization. He helped to start this organization to save just

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