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**I Took the High Road**  
**Friday at 7 AM Pacific**  
**September 12th 2014: Drug Prevention and Awareness, People Making a Difference**

#### Tune in

Friday at 7 AM Pacific Time on  
VoiceAmerica Health and Wellness  
Channel

In this episode I will be talking with some of the people who are in the fight against prescription pill and opiate use in the communities they live in. The founders of StopHeroinWI, the CJ Lomas Foundation and Rise Together will join me to discuss how heroin has affected them, and what they decided to do about it. These are their story's of how they started out, the struggles they went through, and where they plan on going with their organizations in the future. As the heroin problem continues to get worse in this country, they are on the front line making a difference.

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#### Featured Guests

##### Patti Lomas

On March 18, 2012, Patti Lomas's life changed forever. She lost her son to a heroin overdose after a long and difficult battle with addiction. Patti decided to remember her son by forming the CJ Lomas Recovery Foundation with her husband Charlie and their son Christopher. The foundation is a 501(c)(3) non-profit organization working to help others fight their struggle with drug addiction. Their HOPE is to continue lending financial support to individuals in recovery who otherwise would not have the financial resources to attend a comprehensive treatment program. Along with her husband, they also formed a Family and Friends Support Group. For further information, please visit

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