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September 22nd 2014: Passion, Purpose and Bliss!

Discover your passion and live your purpose! Have you? If so, wonderful for you for following the inner promptings of your heart! If not, what's holding you back? Perhaps fear or doubt? Maybe it's judgment from others that is holding you back from living your true passion. Stability, security, a good paying job with benefits that you're bored to tears at? On today's show my guest is friend and fellow coaching colleague, Kelsey Abbott. We'll discuss ways you can acknowledge what your true passions really are and how you can move forward in making them a reality. We're going to help you

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Featured Guest

Guest Image

Kelsey Abbott

Kelsey Abbott is a Confidence Coach and Instigator of Joy at Find Your Awesome. She's a heart-driven person, a heart-driven athlete and a heart-driven coach with a diverse background. She has undergrad degrees in Psychology and Art History and a Masters in Marine Biology. She's trained dolphins, studied killer whales and even spent some time working in a cubicle. And when she was offered a secure, high-paying job that would involve staying in that cubicle, she quit her job, moved to Maine and became a freelance writer. Why? Because money and security just didn't do it for Kelsey. She's all about passion and freedom and people. Kelsey believes that people are awesome—and that everyone is

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