



### Family Caregivers Unite!

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**September 15th 2014: What Family Caregivers Should Know About Treatments for Chronic Pain**

Penney Cowan is the Founder and Chief Executive Officer of the American Chronic Pain Association, [www.theacpa.org](http://www.theacpa.org). Dr. Donna Kalauokalani currently practices Pain Management in Folsom, California and serves as President of the Board of the Association. They explain the Association's mission and services. They identify the common causes of chronic pain and the challenges it creates for individuals living with it, for physicians treating it with medications, and for the Association itself in raising awareness among the health care community, policy makers, and the public of concerns about treatm

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#### Penney Cowan

Penney Cowan, a person with chronic pain, is Chief Executive Officer and founder, in 1980, of the American Chronic Pain Association, <http://www.theacpa.org/>. The Association provides peer support and education in pain management skills for people with pain and their families, and works to build awareness about chronic pain among professionals, decision makers and the general public. She's a Consumer Representative for the FDA/CDER Anesthetic and Analgesic Drug Products Advisory Committee. Her awards include the Jefferson Medal for Outstanding Citizen by the Institute for Public Service, Washington, The American Pain Society's John and Emma Bonica Public

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#### Dr. Donna Kalauokalani

Dr. Donna Kalauokalani received her medical degree from the University of Hawaii, John A. Burns School of Medicine. She completed post-graduate training in Internal Medicine and Anesthesiology at Washington University in St. Louis, and additional training in Pain Management, Preventive Medicine, Public Health, and Health Services Research at the University of Washington in Seattle where she completed a prestigious fellowship in the Robert Wood Johnson Clinical Scholar's program and obtained her master's degree in Public Health. She co-founded the Disparities in Pain section of the American Pain Society. She advocates for equal access to treatment and educates practitioners and policy makers

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