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Cool Kids Cook

Monday at 4 PM

September 22nd 2014: Interview with Reed Alexander, Sage Pork and Pepper Stew, Plantain Soup

In this episode, Kid Chef Eliana interviews Reed Alexander, an actor, celebrity chef, and health activist. They talk about how Reed got started with his cookbook, KewlBites. They also talk about some of the inspirational stories he has received from people trying the KewlBites healthy lifestyle. In A Tisket A Tasket What's Inside My Basket?, Eliana explores bell peppers and shares her recipe for Sage Pork and Pepper Stew. In her segment, Foodie News, she shares the 411 on the cooking world. In her segment, Figure Out This Food, she share information about Greek Oregano. In her segment, The Co

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