



I Took the High Road

Archives Available

September 26th 2014: What do I Say? - Talking to Your Kids About Drug and Alcohol Use

In this episode we will talk about how to talk to your kids about drug and alcohol use. Guests will be Rob Vincent a Public Health Analyst from SAMHSA, and we welcome back Douglas Darby and Anthony Alvarado co-founders of Rise Together. Show topics will include how to set a healthy environment at home, breaking the ice about drug use, what to say during the discussion and what is working in the schools as far as drug prevention and education.

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Featured Guests

Guest Image

Rob Vincent

Over the past two decades, Rob Vincent has been in the field of addiction and recovery as an Adolescent Treatment Specialist, a teacher, a trainer, and an administrator for Educational Service District #113. Rob Vincent is currently serving as Director for Rockers In Recovery which was created to provide support for people and their families suffering from all forms of addiction and is also a Public Health Analyst for SAMHSA (Substance Abuse and Mental Health Services Administration)

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Guest Image

Douglas Darby

Douglas Darby, the other Co-Founder of RISE TOGETHER, knows what it is like to go from nothing to something. Since he has been released from prison, Darby has been working day-in and day-out to pay back his community in a way that will make a positive change in those who need it most; our youth. Within the past year Darby has taking his speaking skills to the street where he advocates for change. He is a man of action. He stands up for what he believes in and makes a difference when most wouldn't have the nerve to do so. As the Chief Development Officer at RISE TOGETHER, he oversees all creative development projects within his organization. He helped to start this organization to save just

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Guest Image

Anthony Alvarado

Anthony Alvarado, one of the Co-Founders of RISE TOGETHER, has been on the path to recovery for the past several years. Throughout his life experiences he has developed a great amount of passion for helping to change the community he lives in; Appleton, WI. At only 30 years old he has already embarked on many different struggles and successes. He has been able to break the cycle of addiction in his family so that he may lead a healthy life for himself and his beloved children. Today, he stands strong behind his company's mission. RISE TOGETHER is a movement that is advocating that recovery is possible. No matter where you come from or what you have been through recovery is possible. Antho

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