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**October 09th 2014: Use Your Nighttime Dreams to Make  
Your Daytime Dreams Come True**

What if you could harness the wisdom of your own dreams to help you find the authentic person you were born to be? Justina Lasley, Founder and Director of the Institute for Dream Studies, is going to talk about how we can do that. Understanding and applying the wisdom of your dreams can help you gain clarity and perspective, let go of limiting habits and beliefs and create better relationships. It can also help you take control of your career and life and realize your creative potential. Who doesn't want to do that? Do you have recurring dreams that you just can't figure out and you want to kn

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### Featured Guest



#### Justina Lasley

Justina Lasley, M.A. is the Founder and Director of the Institute for Dream Studies in Charleston, South Carolina. Justina earned her Master's degree in Transpersonal Psychology with an emphasis in Dreams at the University of West Georgia, and has a B.A. in both Applied Art and Education from Converse College. She also studied at the University of Paris and with many well-known authors and dream specialists. She has been conducting dream groups and/or workshops for nearly 20 years. She is also a continuing education Provider for counselors, marriage and family therapists and psycho-educational specialists. She has written two books, Honoring the Dream: A Handbook for Dream Group Leaders and

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