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### The Self Improvement Show

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**October 9th 2014: Use Your Nighttime Dreams to Make Your Daytime Dreams Come True**

What if you could harness the wisdom of your own dreams to help you find the authentic person you were born to be? Justina Lasley, Founder and Director of the Institute for Dream Studies, is going to talk about how we can do that. Understanding and applying the wisdom of your dreams can help you gain clarity and perspective, let go of limiting habits and beliefs and create better relationships. It can also help you take control of your career and life and realize your creative potential. Who doesn't want to do that? Do you have recurring dreams that you just can't figure out and you want to kn

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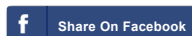


#### Justina Lasley

Justina Lasley, M.A. is the Founder and Director of the Institute for Dream Studies in Charleston, South Carolina. Justina earned her Master's degree in Transpersonal Psychology with an emphasis

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