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The Cutting Edge of Health and Wellness Today

Archives Available

October 10th 2014: What New in Natural Health: Reporting from Expo East 2014

Today, Dr. Neil Nathan and Dr. Jacob Teitelbaum will be airing a program recorded live from Expo East 2014. Dr. Teitelbaum will be interviewing several experts in natural health products, with a particular focus on the benefits of glutathione, curcumin, comfrey, angelica, omega-3 and omega-7 fatty acids, grape seed extract, silica, licorice, limonine and boswellia. Please join us as we discuss these products and others, on our show.

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Featured Guest

Jacob Teitelbaum MD

Jacob Teitelbaum, MD, is a board certified internist and nationally known expert in the fields of chronic fatigue syndrome, fibromyalgia, sleep and pain. He is also the Founder of the Practitioners Alliance Network (or PAN) and author of numerous books including *The Fatigue and Fibromyalgia Solution* (Avery), the best-selling *From Fatigued to Fantastic!* (Avery Penguin), *Pain Free 1-2-3 — A Proven Program for Eliminating Chronic Pain Now* (McGraw-Hill), *Three Steps to Happiness! Healing Through Joy* (Deva Press), the *Beat Sugar Addiction NOW!* series (Fairwinds Press), and *Real Cause, Real Cure* (Rodale). He is the lead author of four studies on effective treatment for fibromyalgia and chronic f

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