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Living Natural Today – Out with Toxins - In with Your Health
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October 29th 2014: Eating Gluten-Free and Celiac Disease

Affecting approximately 1% of Americans, Celiac Disease is a genetic autoimmune disease that damages the villi of the small intestine and interferes with absorption of nutrients from food. A 100% gluten-free diet is the only existing treatment for Celiac Disease today. Tune in as I interview Kristin Voorhees, Director of Healthcare Initiatives for the National Foundation for Celiac Awareness as she shares critical information about Celiac Disease. Kristin will share information about symptoms, tests for diagnosis and will provide links for support and resources for those with Celiac Disease

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Featured Guest



Kristin Voorhees

After more than four years enduring ill health and a compromised quality-of-life, Kristin Voorhees was diagnosed with Celiac Disease in 2007. While she had recently graduated with a BA in Communications and was already motivated to enter the healthcare field to make a difference in the lives of those navigating the complex medical system, her diagnosis of Celiac Disease further inspired her passion to make an impact. Two years later, she completed a Master's in Health Communication and joined the National Foundation for Celiac Awareness' team where she now serves as the Director of Healthcare Initiatives. In 2012, Kristin was appointed as a Special Government Employee/Patient Representat

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