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HEALTH & WELLNESS



**Good Grief with Cheryl Jones**  
**Wednesday at 2 PM Pacific**  
**November 19th 2014: Refined by Fire**

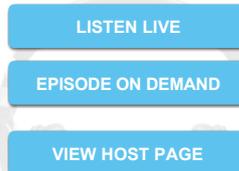
For Mary Potter Kenyon, her husband's cancer treatment resulted in some very positive changes in her marriage. She and her husband loved better, deeper and with a greater appreciation for each other after going through that most terrible of times. Then, five and a half years later, he died suddenly, of a heart attack, and Mary began a brand new journey of discovery, but without the person who had most supported and helped her through life. How did this loss, and the loss of her beloved mother and grandson, change Mary? Was she able to find a new way to live after such difficult times. What did

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#### Featured Guest



#### Mary Potter Kenyon

Mary Potter Kenyon graduated from University of Northern Iowa with a BA in Psychology and is the Director of the Winthrop Public Library. She is widely published in magazines, newspapers, and anthologies.

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