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**Waking Up in America**  
**Wednesday at 2 PM Pacific**  
**December 10th 2014: Living in the Light**

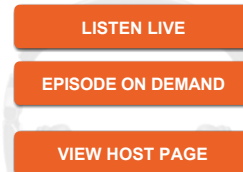
Join Val, Randi & Mike as they talk about being extra ordinary and the power of living in the light. Val gives some tips on improving your skin and Randi gives you the lowdown on Mud racing and the racer's high. We invite you to an extraordinary life. Write me Val@WakingUpInAmerica.com and we will share your comments. We thank our sponsors: \* Presenting sponsors - Kyani & <http://feelbetterwithkyani.com/latest-byte/> \* Bragg Health Products (the official drink of WakingUpInAmerica) \* Protandim \* Sir Jason Winter's Tea \* Randi Shannon's 42Action.org \* Kyani Bytes \* Visit \*

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