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**December 18th 2014: The Power of Your Inner Game**

If you could change your life in 7 days, would you do it? Why does it have to take months and years to make a change? Why does it need to take months and years of expensive therapy? Why? Think about it? Who makes the change? YOU do. Decide what you want to change and why you want to change, and then get to it. Skeptical? That's o.k. But check this out. Shafonda Matthews did it and is on a mission to show others how to create a life of authenticity, freedom and Joy. Her positivity is contagious and when you hear her story, you will be convinced that she knows what she's talking about. Don't mi

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### Featured Guest



#### Shafonda Matthews

Certified as a Life Coach, Shafonda Matthews is on a mission to help change many lives. She is ushering in a new wave of self-help and personal development for those who desire to be spiritual and successful.

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