

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



EMPOWERMENT

VOICEAMERICA



owellness
INTERACTIVE FIND WHAT YOU NEED

A STEP FURTHER®
with Desiree Watson

www.wellnessinteractive.com

Wellness Interactive - A Step Further New Shows Available December 15th 2014: Women Living Consciously

Women Living Consciously– will be our discussion topic at The Wellness Lounge, A Step Further 9 a.m. E.S.T. Monday when host Desiree Watson welcomes guest Miriam Belov to the show. Miriam Belov is the founder of The Wellness Agenda and Creative Concentration. She has been involved in body/mind health and fitness for over 35 years and has created programs for optimal physical and mental performance and spiritual centering using self-care, meditation, mindfulness, relaxation, healing and empowerment. Conscious living is something to which you can aspire, awaken, and put into practice–no matter

[Read more](#)



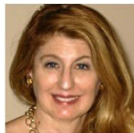
Tune in

New Shows Available on
VoiceAmerica Empowerment
Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Featured Guest



Miriam Belov

Miriam Belov is the founder of The Wellness Agenda and Creative Concentration. She has been involved in body/mind health and fitness for over 35 years and has created programs for optimal physical and mental performance

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Come see what **VoiceAmerica's**
hosts are writing, on PressBlog!

