

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



EMPOWERMENT

VOICEAMERICA



Mighty Gems – Essence of Authentic Presence

Archives Available

December 19th 2014: Sparkling focus on Connections

At the end of the day, what matters is the interactions we have with others. We ought to treat others with respect, for they are us, navigating through life doing the best they can with the abilities and knowledge they have. It is only the connections with others that keep us from being alone in the universe. J. K. Martin Everyone has the same number of minutes each day, 1,440. You can use your daily minutes mindlessly running the rat maze of your schedule or mindfully choosing activities that make you feel better. As you become aware of how you spend your time, you can choose to step outside

[Read more](#)



Tune in

Archives Available on VoiceAmerica Empowerment Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Come See what the VoiceAmerica hosts are writing on PRESSPASS